

# Using Tough Empathy Pedagogy to Motivate Students

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#### Definitions

 Culturally responsive teaching (CRT) – an educational practice of using information about students' backgrounds to <u>tailor</u> <u>instruction that will improve their success</u>

 Tough empathy pedagogy (TEP) – an educational practice that requires instructors to imagine and feel the emotions of their students, communicate about various resources and support, and to <u>teach and mentor using this perspective</u>



## Empathy vs. Sympathy

- "When we listen to students really listen and learn about their misunderstandings, fears, and hopes, we are better at anticipating their needs and providing meaningful supports." (David J. Kimball, 2016)
- Empathy is NOT the same as sympathy (Dr. Brene Brown, 2017)
  - Ability to take other person's perspective
  - Stay away from judgment
  - Recognize emotion in others
  - Communicate how to help others



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## Isn't "tough empathy" an oxymoron?

- Easy on the student, tough on the problem
- Give the students what they **<u>NEED</u>**, not what they want
  - Financial aid (e.g., Z courses, scholarships)
  - Mandatory and intrusive advising
  - Developmental education redesign
  - Embedded coaches in the classroom
  - Food banks or mobile markets
  - Others?



## Why TEP?

- MC is an Achieving the Dream institution accredited by Middle States guided by MC 2020, AMP, and StAMP
  - Focus is on social justice, radical inclusion, equity
- The Student Voice Report from the Fall Opening Meeting 2016
  - "[Student] felt uncomfortable asking questions. Professor made her feel bad for asking questions."
  - "MC has excellent student services. [Faculty] need to encourage more students to take advantage of them."



#### Guidelines of Implementing TEP

Hold expectations high

Listen to students with a desire to understand, not ridicule

• Never give up on students



#### Student Success Strategies of TEP

Mentor / advise students inside and outside of the classroom

 Refer to students to various support services at the College (e.g., counseling, DSS, financial aid, learning centers, mobile markets)

 Assign appropriate course activities that will create equitable and inclusive outcomes (examples on next pages)



- Social justice assignments Get students to become social agents of change through a connection of course material and community engagement activities
  - Internships
  - Service learning or community outreach assignments
  - Example: <u>United Nations Sustainable Development Goals</u>
    <u>Open Pedagogy Faculty Fellowship</u>



- Integrative learning assignments Get students to think across disciplines so they understand how things are related
  - Connected multi-disciplinary thinking
  - Problem solving from multiple perspectives
  - Deepened understanding of multiple disciplines
  - Example: Integrative Learning Field Guide



- Meta-cognitive self-reflective task-oriented assignments Get students to evaluate their learning techniques
  - Written communication
  - Oral communication
  - Comprehension
  - Memorization
  - Critical thinking
  - Example: <u>General Education signature assignments</u>



- Group leadership activities Assign students a role and hold them accountable for carrying out appropriate responsibilities
  - Facilitator
  - Scribe
  - Reporter
  - Timekeeper
  - Checker



#### **Empathy Knows No Boundaries**

- If executed correctly, TEP can cause your students to have empathy for others
  - <u>"Every Kid Needs a Champion" (Rita Pierson)</u>
  - "No significant learning can occur without a significant relationship."

Let's be <u>EASY</u> on the student, but <u>TOUGH</u> on the problem

