



Academic Coaching with Montgomery College's Achieving the Promise Academy

Nik Sushka, Director

HELPING STUDENTS USE ACADEMIC SUPPORT



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I used to be quite timid in asking for help about things I didn't understand. I felt as though I was asking dumb questions since I thought all the other students understood it.

However, with ATPA and the help of my classmates, I found the confidence to ask more questions. As a student who has test anxiety, having our ATPA coach hold review sessions prior to exams helps me prepare better for an upcoming exam.

I have a sense of peace and organization in mind, compared to when studying the content by myself.



WHAT IS THE ACHIEVING THE PROMISE ACADEMY?



MC's academic coaching program, created to ensure every student has the assistance, opportunities, and tools they need to succeed in college

Our Core Services

- Embedded Academic Coaching for Course Success
- Personal Academic Coaching for College Success
- Drop-in Coaching
- ATPA Student Learning Community

HOW DOES AN ACADEMIC COACH PROVIDE EMBEDDED SUPPORT FOR COURSE SUCCESS?



4.5

average number of embedded coaching sessions with students



6%

higher course pass rate in high priority courses for students with 5+ visits

Supports students during class in collaboration with host faculty

Connects with students out-of-class during coaching sessions

Sends weekly messages to students recapping course content, reminding about deadlines, and referring to resources

Creates and shares coaching session reports with host faculty and ATPA to coordinate ongoing support

HOW DOES A PERSONAL ACADEMIC COACH SUPPORT STUDENTS LEARNING GOALS ACROSS MULTIPLE COURSES?



82%

Course pass rate for students working with a personal academic coach

Creating a personalized academic success plan

Balancing school, work, home, and other commitments

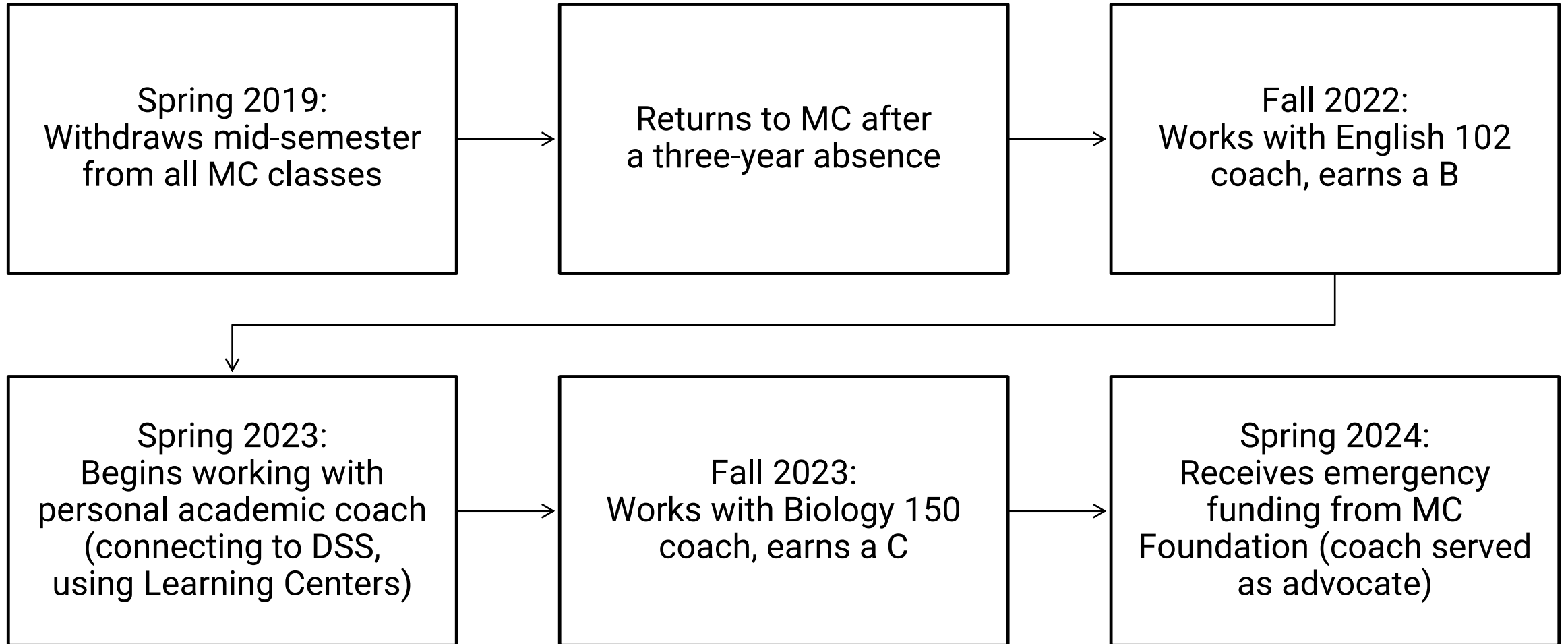
Setting goals and developing better habits to achieve them

Making the most of MC by connecting with students, professors, and departments

COACHING IS A DISTINCT PRACTICE THAT FOSTERS AWARENESS, GROWTH, LEARNING AND ACTION



ATPA COACHES PROVIDE CONTINUOUS SUPPORT TO HELP STUDENTS TO ACHIEVE THEIR TRUE POTENTIAL



* Name Changed for Privacy

HELP CONNECT STUDENTS TO ACADEMIC COACHING: SHARE THIS VIDEO IN CLASS



I always leave my meetings with my coach feeling better than when I come in. Whenever I am feeling overwhelmed she is always [...] helping me come up with a plan.



linktr.ee/atpa

MC ACHIEVING THE PROMISE ACADEMY
MONTGOMERY COLLEGE

[Link to ATPA Video](#)



MORE WAYS TO HELP CONNECT STUDENTS TO ACADEMIC COACHING

1. Promote academic coaching to **all** students
2. Encourage students to [request a personal academic coach](#) or [book a coaching session](#)
3. Invite us to present or do a coaching activity with your class
4. If your discipline offers embedded support, collaborate with your part-time colleagues to integrate coaching into the course
5. Share ATPA events and services with students on your syllabus:
<https://linktr.ee/atpa>

