

## ADVANCING HEALTH EQUITY THROUGH HEALTH LITERACY & ADVOCACY

EMPOWER / ADVOCATE / EQUITY

This event will explore the critical role of health literacy and advocacy in achieving equitable health outcomes, connecting them to key issues like mental health, HIV/AIDS treatment and coverage, and preventive and chronic care needs.

2/22/25

### THE NITTY-GRITTY:

- **Simplifying Health Systems:** Learn how health literacy empowers individuals to navigate complex healthcare systems, access affordable insurance, and advocate for their patient rights.
- **Addressing Disparities in Care:** See how culturally tailored health literacy resources have broken barriers to care for underserved communities.
- **Advocacy For Health Equity:** Discover how to amplify your voice to demand transparency, expand access to care, and drive systemic change. Learn how cultural storytelling has inspired communities to take meaningful action for equity.
- **Tangible Tools and Resources:** Be empowered with practical and actionable tools and community resources to support you along your health journey.

Feb. 22, 2025 - 12:00p - 4:00p



Montgomery College - East County Education Center  
2221 Broadbirch Drive Silver Spring, MD 20904

